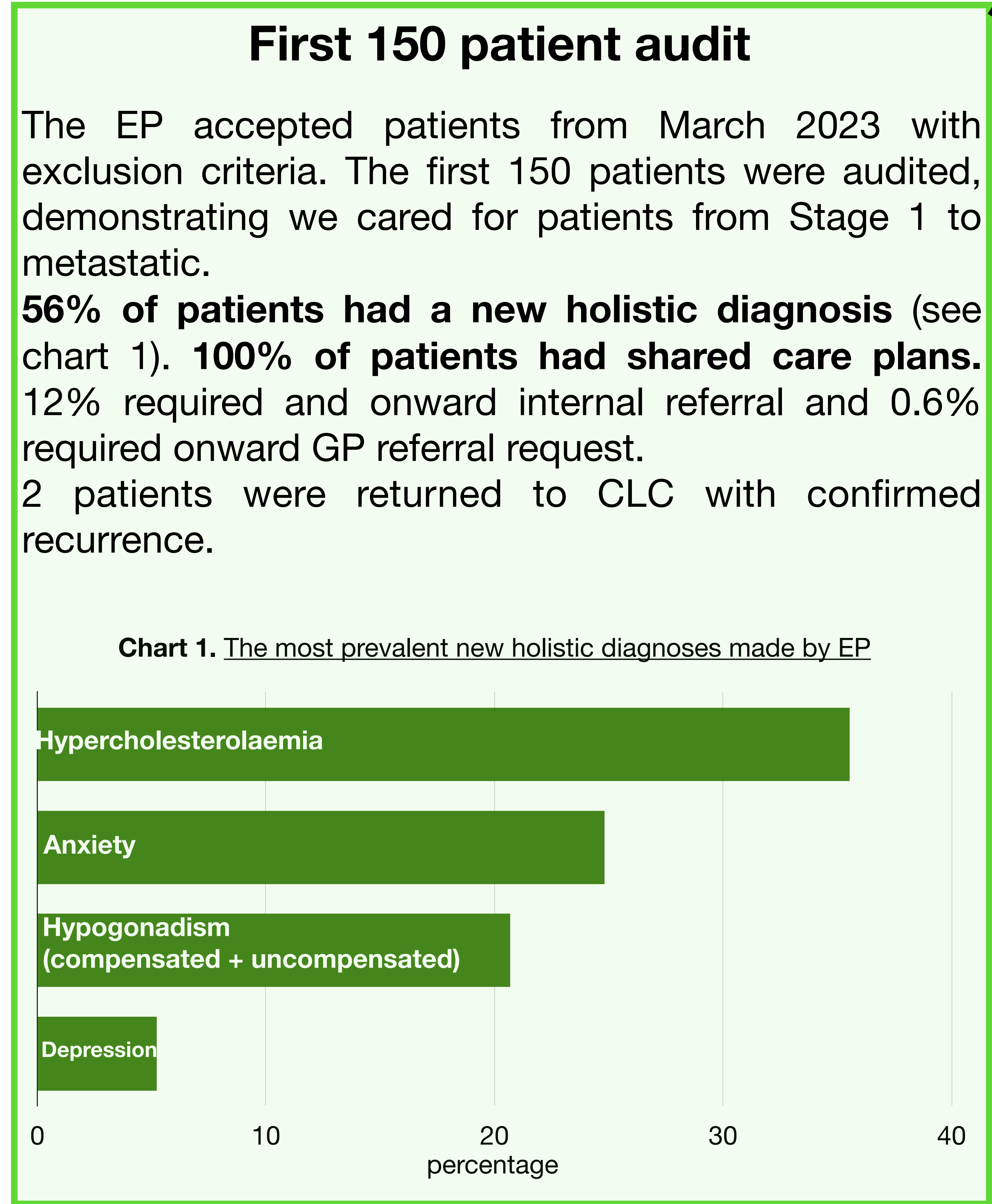


### Background and Methods

The Empower Pathway (EP) aimed to provide comprehensive cancer surveillance, whilst addressing holistic sequelae of treatment. Within this poster we demonstrate this process of how the EP was formed resulting in positive outcomes for patients and healthcare professionals.

Background research established 2 points; patients felt the skill set required for follow up was best suited to an Advanced Nurse Practitioner (ANP) or General Practitioner (GP) and 20% patients were diagnosed with another chronic disease during the first year of diagnosis.



### Service Evaluation

This evaluation predicts 630 CLC appointments will be released by the end of 2026; releasing time within CLC for complex patients, new patients and those on treatment.

### Pre-EP survey

Pre-EP survey (n.22) was designed to assess unmet needs. Patients described holistic issues as being important; the majority felt these were not addressed within CLCs. Unmet need examples can be seen in the word cloud below. Shared care decision-making did not meet national targets.

In response, the EP team developed supplementary resources and the pathway was integrated into existing schedules.

body-image exercise

sexual-wellbeing

nutrition mental-health energy-levels

libido alcohol smoking

cardiovascular-disease

erectile-dysfunction

**Word cloud.** Showing most prevalent patient unmet need

### Post-EP survey

Post EP survey (n.19) showed 88.5% of patients found supplementary information helpful. Key holistic issues and their comparison with Pre-EP survey can be seen on table 2. **100% of respondents felt the GP/ANP team met their clinical needs.**

Table 2.	Pre Empower Pathway (EP) survey		Post pathway survey
	Issue	% that felt this was important	% that felt this was addressed
	Lifestyle and exercise	80	9.6
	Mental Health	70	18.1
	Sexual Health and well-being (including fertility)	50	13.5
	Effort was made to <b>understand, listen to and involve</b> patients in health concerns	NA	60.6

### Take away comment

The Empower Pathway (EP) demonstrates qualitatively and quantitatively its effectiveness in **addressing patients' unmet holistic needs, whilst efficiently managing oncology surveillance.** A concomitant GP/ANP clinic complements traditional CLC. The **EP is both sustainable and scalable,** making it adaptable to other tumour groups.